

# RUNNER ENTRY FORM

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BermyNet.com

Lindo's to Lindo's  
**10K RUN**

Start time:  
Runners  
8:30am



(Remember Daylight Savings!)

## Sunday, March 8, 2020

Organized by Mid Atlantic Athletic Club & sanctioned by Bermuda National Athletic Association

This course has not been certified.

Race Directors: Feven Binega-Northcott - fevenbermuda@icloud.com  
and Jenni Simpson - jenniferlynn.simpson@gmail.com

### Runner Entry Form

Please put form and fees in sealed envelope. No staples PLEASE. Checks payable to MAAC.

Name (please print).....

Male  Female

Date of Birth (mm/dd/yyyy) ..... Age on Race Day .....

Company (Corporate Challenge) .....

Telephone Number: ..... Email: .....

School (juniors only): .....

I have included a registration fee of

Please circle: \$31 (MAAC member) \$41 (others) \$21 (juniors) \$8 (MAAC Gold)

Yes, I've included a donation in addition to registration fees to Bermuda Diabetes Association of \$ .....

Emergency Contact & Phone Number: .....

In consideration of your acceptance of this entry in the Lindo's to Lindo's Race, I hereby waive and release Lindo's Market, Lindo's Family Foods, their employees, Mid Atlantic Athletic Club and their officials, Bermuda National Athletics Association, The Bermuda Diabetes Association, Bermuda Timing Systems, race officials and other participants from claim for injuries or damages however sustained during this event.

.....  
Signed (Parent or Guardian if participant is under 18 years of age)

.....  
Print Name of Guardian if participant is under 18

