

# Walker/Non-timed Runners Entry Form



## Lindo's to Lindo's 4-MILE WALK

Start time:  
Competitive Walkers  
8:30am  
Fun Walkers 8:35am



## Sunday, March 3, 2019

Organized by Mid Atlantic Athletic Club & sanctioned by Bermuda National Athletic Association  
Race Directors: Feven Binega-Northcott - fevenbermuda@icloud.com  
and Jenni Simpson - jenniferlynn.simpson@gmail.com

### Walker/Non-Timed Runners Entry Form

Please put form and fees in sealed envelope. No staples PLEASE. Checks payable to MAAC.

Name (please print).....

Male  Female                      Age on Race Day .....

Competitive Walk   or    Fun Walk   or    Non Competitive Run

Company (Corporate Challenge): .....

School (juniors only): .....

Telephone Number: ..... Email: .....

I have included a registration fee of    Please circle:    \$30 (adult) or \$20 (junior)

Yes, I've included a donation in addition to registration fees to Bermuda Diabetes Association of \$ .....

Emergency Contact & Phone Number: .....

In consideration of your acceptance of this entry in the Lindo's to Lindo's Race, I hereby waive and release Lindo's Market, Lindo's Family Foods, their employees, Mid Atlantic Athletic Club and their officials, Bermuda National Athletics Association, The Bermuda Diabetes Association, Bermuda Timing Systems, race officials and other participants from claim for injuries or damages however sustained during this event.

Signed (Parent or Guardian if participant is under 18 years of age)                      Print Name of Guardian if participant is under 18

#### Dear Walker:

Your participation in the Lindo's to Lindo's Road Race will greatly help the Bermuda Diabetes Association. Registration fees from the Walkers, less race expenses, are donated to the Bermuda Diabetes Association. The Bermuda Diabetes Association will be relocating their Pharmacy and Education Centre this year. Will you help us? We are asking all participants to raise \$100.00 to reach our goal of \$100,000! We shall have a "Thank You" gift for you upon receipt of your donation.

